



ncnw *Sisters-to-Sisters* Newsletter

san gabriel valley section

November 2023

San Gabriel Valley Section National Council of Negro Women, Inc.
P.O. Box 413 Walnut, CA 91788 Phone (909) 598-5539 Website: www.sgvncnw.com

Father, We Thank Thee

"For flowers that bloom about our feet, Father, we thank Thee.

For tender grass so fresh, so sweet, Father, we thank Thee.

For the song of bird and hum of bee, for all things fair we hear or see, Father in heaven, we thank Thee.

For blue of stream and blue of sky, Father, we thank Thee.

For pleasant shade of branches high, Father, we thank Thee.

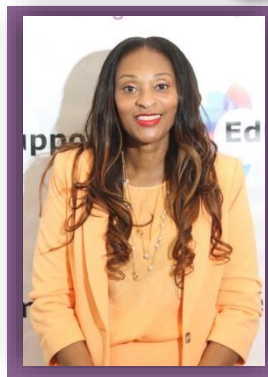
For fragrant air and cooling breeze, for beauty of the blooming trees, Father in heaven, we thank Thee.

For this new morning with its light, Father, we thank Thee.

For rest and shelter of the night, Father, we thank Thee.

For health and food, for love and friends, for everything Thy goodness sends, Father in heaven, we thank Thee."

— *Ralph Waldo Emerson*



From SGV-NCNW President Marie Paula Thermidor

Dear SGV-NCNW Members,

As the holiday season draws closer, I want to take this opportunity to express my gratitude for the privilege of serving as your President. Working alongside dedicated, supportive, committed members, the Executive Board and community partners is an honor.

In my last term, our Executive Board and I look forward to some exciting plans ahead. Despite our challenges this past year, our organization has made remarkable progress. Our membership has grown significantly, and we have expanded our services to reach more vulnerable communities. Our mission to lead, advocate, and empower women of African American descent, their families, and the communities we serve remains our top priority. We are excited about the future of SGV-NCNW, which includes expanding our Youth Development, Community Service, Fit4Life programs, Fundraising campaigns, and our Inaugural Gala in 2024. The possibilities for SGV-NCNW are limitless, and we are confident we can achieve anything together.

As we approach Thanksgiving, let us take a moment to reflect on our blessings. We must express gratitude for all the gifts we have received while being mindful of those who are less fortunate, struggling, and facing challenges in our communities and around the world.

On this day of giving thanks, we should also express our gratitude for the brave men and women who selflessly serve our country and protect our American way of life.

In closing, I express my deepest gratitude for your hard work and dedication throughout the year. I appreciate everything you do to inspire hope and love in our communities. Please know that your commitment to our section is noticed and valued, not only on this day but every single day of the year. I hope you will take some time to prioritize your much-needed rest and self-care and enjoy the holiday season with your loved ones.

Thank you for all that you do, and I wish you a Happy Thanksgiving filled with love, hope, and blessings!

With Sincere Grace and Gratitude,
Marie Paula Thermidor

2023 SGV-NCNW & Jenkins Baughman Family Scholarship



Scholarship recipients with parents and SGV-NCNW Board members.

On October 14, 2023 at its Scholarship Awards Luncheon, SGV-NCNW awarded five (5) \$1000 scholarships to the recipients of the 2023 SGV-NCNW and Jenkins Baughman Family Scholarship. Recipients were as follows:



Haley Sky Elliott

1st Year Student
Cal State Long Beach
Major: Kinesiology
GPA: 3.6



Onome Monique Ituah

1st Year Student
UC Riverside
Major: Psychology
GPA: 3.9



Jayson Edward Johnson

2nd Year Student
UC Merced
Major: Mechanical Engineering
GPA: 3.5



Quentin Elias Johnson

1st Year Student
Colgate University
Major: Psychology
GPA: 3.9



Drashuna Wade-Pilcher

3rd Year Student
Cal State Fullerton
Major: Nursing
GPA: 4.0

The Scholarship Fund was established to provide financial assistance, support, and encouragement to students who are dedicated to pursuing their educational and career goals. SGV is most appreciative of the Jenkins Baughman family for their contribution to this fund whose scholarship was created to honor Lilian Jenkins, a loving grandmother, and Mrs. Lula Jenkins, a kind and generous mother (NCNW Legacy Life Member). Dr. Lynnette Jenkins and Dr. Lisa Baughman (NCNW Legacy Life Member), who are the granddaughters of Lilian Jenkins and daughters of Lula Jenkins continue to carry their legacy and bear the mantle of educational empowerment by providing opportunities in the form of educational scholarships.

Scholarship

Scholarship Review Process

Approximately 30 California-resident undergraduate/graduate students enrolled in a four-year college, university, private college, community college, or vocational college/school during the 2023-2024 academic year applied for the scholarship. Student applications were reviewed by a team of 6 committee members. Following a rigorous process of reviewing student academics, public/community service activities, extracurricular activities, and personal statements, five (5) students were selected to receive scholarships of \$1000 each.

SGV-NCNW thanks all our members and supporters who contributed to this fund through donations and fundraisers. We are most proud of the section's impact and influence on our youth and their development, educationally and socially. We congratulate all student applicants on their goals and academic achievements. We wish them continued success in their future endeavors.

SGV-NCNW Receives 100 BMIE Partner Appreciation Award



On October 7, 2023, SGV-NCNW was honored to receive the Partner Appreciation Award from the 100 Black Men of the Inland Empire. SGV President Marie Thermidor (left) accepted the award on behalf of the section at the 100 BMIE 7th Annual Gala celebrating Black excellence. Thirty-one SGV members attended the Gala, a beautiful night of celebration and honor.

100 BMIE has been a partner and supporter of SGV for many years. Our Young Legends have been honored to attend some of their valuable programs including Financial Literacy.

SGV **THANKS** the **100 BMIE** for this honor and looks forward to continuing our partnership.



Left to right: SGV Board members Betty Smith, Denise McPheeters, Dr. Soraya M. Coley (President Cal Poly Pomona), President Marie P. Thermidor.



Left to right: SGV Board members Betty Smith, President Marie P. Thermidor, Denise McPheeters.

Partner Appreciation Award



SGV-NCNW members and associates attended the Partnership Award ceremony.



Pictured Left:
SGV-NCNW President Marie P. Thermidor displays Partnership Award. Congratulations to SGV Associate Willie W. Williams as the recipient of the 100 BMIE President's Service Award.

Pictured Above & Right:
SGV-NCNW members enjoying the Award ceremony and Gala.



Community Service

November 4, 2023 was a busy weekend for our Community Service team and members. The team packaged hygiene kits for the homeless and gently used clothing for the House of Ruth Thrift Store. The hygiene kits were delivered to the East San Gabriel Valley Coalition for the Homeless. Patrons of the House of Ruth are given vouchers to shop at the Thrift Store. SGV-NCNW pulled together donations to contribute to this cause. Continue to save your clothing for women, men, and children for this donation.



SGV-NCNW members package and deliver hygiene items and clothing to ESGVCH and House of Ruth.



Packing Food Items

On November 17 and 18, SGV members assisted our partner **Christian Development Center** of Montclair in packaging food items for those in need. As the pictures show, bags were filled with many grocery items. This is a monthly event and SGV invites members to join us there.



2023 Legacy of Love Membership Luncheon

Approximately 165 members, community officials, partners, and supporters attended SGV-NCNW’s “Legacy of Love Membership Luncheon” held on August 5th at the Anthony Munoz Community Center in Ontario, CA. Ida L. Younge (19th National President of Jack and Jill of America) was the guest speaker.

One of the highlights of the luncheon was SGV-NCNW President Marie P Thermidor presenting twelve (12) SGV members with awards. Those honored included the following:



Denise McPheeters(left) & Annice Jackson (right) received President’s Distinguished Service Award.



Annette Spence (center) received Community Ambassador Excellence Award. Pictured left: Suze Moss (Chair); left President Marie P Thermidor.



Bowie Ingels-Moss (right) received Young Legends Rising Star Award.



Dr. Lisa Baughman (left), Leslie Martel (center), Yolanda Hollis (right) received Community Service & Leadership Award.



Elaine Best, Rochelle Jeter, Michelle Wallace-Williams, Beverley Morgan-Sandoz, and Betty Williams received Loyal & Distinguished Service Award.

Also recognized for outstanding support and service were SGV’s Associate members and our esteemed partner 100 Black Men of Inland Empire. Prince Ogidikpe, Office of Assembly Majority Leader Gomez-Reyes presented certificates to SGV Board and Associate members.

Many thanks to Suze Moss, 2nd Vice President/Chair and the Membership Committee (President Marie P. Thermidor, Denise McPheeters, Annette Spence, Annice Jackson, Tracy Jordan, Nadiyah Young, and Walena Logan) for their hard work and dedication, and a special thank you to all SGV-NCNW members and supporters in making this luncheon a great success.

2023 Legacy of Love Membership Luncheon



Dr. Dorothy Shepherd,
Organizing President



Darneisha Beeler – JP Morgan Chase & Co; VP President Community Manager



DeBorrah Carter
delivers Spoken Word



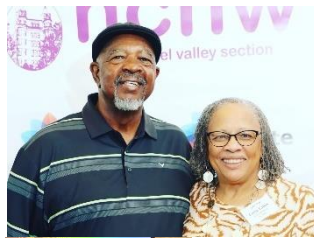
Ida L Younge (center) – Guest Speaker; Jack & Jill of America.



SGV-NCNW Board Members



SGV-NCNW Associates



Bethune Height Recognition Program



SGV-NCNW congratulates past President Brenda Anderson (left), new Legacy Life Member and Bethune Achiever; and current President Marie P. Thermidor (right), new Life Member. These SGV members were awarded at the Bethune Height Recognition Program on Sept. 30, 2023.

Dr. Lois Keith, 9th National Chair was the keynote speaker before a sellout crowd.



The Bethune Height Recognition Program (BHRP) is an annual event that supports the work of NCNW. This National program is administered by NCNW state organizations. The 2023 local program was sponsored by NCNW sections in Southern California (SoCal). The BHRP honors new Life and Legacy Life members as well as members for their extraordinary work in community service and donations to support the work of NCNW (Bethune Achievers).



Dr. Lois Keith (National Chair)
BHRP Keynote Speaker



2023 SoCal Legacy Life Members



2023 SoCal Life Members



2023 SoCal Bethune Achievers



SGV President Thermidor meets with Dr. Keith and other SoCal members



SGV-NCNW members attend the Bethune Height Recognition Program

Meet Our New Members



Maya Melvin (Young Legends): Maya is a 9th grade student at Chino Hills High School in Chino Hills, CA where she takes honors and advanced placement (AP) courses in history, science, math and English. She has been a violin student with Linda Tajima of the Claremont Community School of Music since 2012. She has been performing her violin with the Inner-City Youth Orchestra of Los Angeles and the New Hope Presbyterian String Ensemble since 2023. She has participated in the Certificate of Merit youth music program for violin for five years. In addition to violin, Maya has been a piano student in the private studio of Anna Barnutiu since 2017. She is currently a participant in the Certificate of Merit youth music program for piano which she has participated in for the past five years.



Dr. Donna Hunter: “As an educator it is my heart's passion to educate, enlighten and empower generations with knowledge that changes lives and impacts our community for good. SGV-NCNW is an exemplary organization with historical roots laid by master trailblazer Mary McLeod Bethune whose passion for education spawned a national movement to integrate our spiritual, social, cultural, civic and economic life. Thus, I'm compelled to follow suit!”



“Executive Pastor Ethel Rucker is married to Pastor Donald Rucker. Together they founded Christian Development Center located in Montclair Ca. Ethel joined the SGV-NCNW because it aligns with her beliefs and core values – Empowerment, Education and the welfare of humanity.”



Sheree Pearsy: “As a retired healthcare administrator and recently retired elementary school paraprofessional, I was looking for something to add value to my life and to the lives of others. I kept seeing SGV-NCNW Facebook posts from my friend, Brenda Anderson. I said to myself, that’s it! I joined SGV-NCNW to be a part of something important, empowering and necessary. I want to give back to community and culture. SGV-NCNW provides the opportunity for me to be useful. I’m late to the party...but I have arrived. I look forward to productive, meaningful, and committed years of service.”

SGV-NCNW GENERAL MEETINGS: 1ST SATURDAYS @ 9:30 AM

Meet Our New Members



Kenneth McPheeters (Associate): “I became a member of the National Council of Negro Women due to their forward-thinking approach to supporting the youth of today. The organization events and outreach are aimed at helping children of color, regardless of gender, to achieve their full potential in both education and personal growth. Their commitment to the vision is clearly based on their membership size of hard working and energized ladies. Their organization is highly motivated to succeed in every one of their efforts to support underprivileged communities in the Greater San Gabriel Valley. There is no better way to witness your investment of time and money than by seeing the positive changes reverberated throughout the community.”



“My name is **Amelia E. Faggett** and I am a wife, mother of 6 children (blended family), an publish author of ‘Life with a Special Needs Child’ ... an entrepreneur from TheHomeschoolCoach to ‘Journey to Wisdom’ journal creations and more! I am in collaboration with colleges, scholastic books, We L;ving, and multiple organizations! I am excited to be part of SGV-NCNW to be able to connect with wonderful individuals who are like-minded in working with the community while collaborating on projects helping our young ladies.”



Jacquelyne Owens: “I was born and reared in Bessemer, Alabama until I was 14 years old. My parents were among some of the early workers in the Civil Rights movement. I graduated from Manual Arts HS in 1965 in Los Angeles. During my late teens and early twenties, I worked in the campaigns of Yvonne Braithwaite Burke. My friend Annette Spence is a member of SGV-NCNW and spoke very highly of the work being done. She encouraged me to join and I eagerly decided to join. I am concerned about the threats to our hard won civil rights and this is a way I can work and assist in our fight for equality.”



Loreece A Flenory, a native from Southern California, known for her creative niche and her passion for Event Designing is CEO and Founder of A Dyamond Touch. This organization ensures that teenage moms in the underserved community feel special and cared for as they prepare to become new parents. Loreece has a deep-rooted passion for children and community for which she feels blessed to have been given the opportunity and resources to dedicate nearly 20 years of her life's mission to giving back to the community and hosting children events from her own pocket.

SGV-NCNW Partners in Back to School Event

On August 5th, Lov Olive Branches (501C3) celebrated its 10th Annual Back2School Community Give Back Event. LOV Olive Branches has achieved remarkable growth and success over the past decade, providing the Altadena and Pasadena Communities free, backpacks, food, haircuts, hair braiding, clothing, and other essentials for children heading back to school.

SGV-NCNW has partnered with unwavering support for this organization for the past six years. This year was no exception. Our organization donated backpacks, classroom items, and \$600.00 worth of non-perishable food items. Our valued partner Colgate-Palmolive Company gave dental cleaning items for the communities. In addition to the material items, section members Denise McPheeters, Marcia McPheeters, Brenda Anderson, Annice Jackson, Suze Moss, Annette Spence, Peter Mortensen, and Young Legends Marquise and Braylynn Ferrette, contributed five hours of service and maintained three giveaway areas.

The event served over 200 families in a memorable day filled with entertainment, networking opportunities, and a chance to celebrate our shared achievements. Thank you, Valerie Toliver (LOV Olive Branches), for your dedication to the needs of these communities.



SGV members passed out bags of groceries, children toys, and backpacks.



Pasadena Councilmember Justin Jones (2nd from right) stopped by to greet SGV volunteers.



CA State Assemblymember Chris Holden (far right) stopped by to greet SGV volunteers.

SGV-NCNW Attends Caltech Y CSA



Annette Spence and Annice Jackson discuss Young Legends program with students.



For the past 3 years, SGV-NCNW youth leaders have attended Caltech Y Community Service & Advocacy (CSA) Fair. This year, Young Legends Director Annette Spence and Tutoring Coordinator Annice Jackson had the opportunity to network and present our programs to the students on the Caltech campus. We came away with a potential group of volunteers for our Math and Science program. Students were interested in tutoring as well as conducting workshops in coding, research base learning, and the whys of Math and Science.

Spotlight on Health & Wellness

SGV-NCNW continues to focus on Health and Wellness throughout the year at its monthly General meetings. Members are engaging and look forward to the information shared by a group of dynamic leaders in the field.



Dr. Donna Marie Hunter's presentation on intellectual disability and autism was informative and insightful. Dr. Hunter is an engaging TV show host on her show, *Grace & Space*, arousing honest conversations that encourages viewers to continue dreaming by building healthy habits and genuine relationships. She has co-authored two #1 International Best-selling books, *Women Who Rise*, *Women Who Empower* and *Allie's Ally* children's book which supports individuals with Special Needs. Dr. Donna received her BS degree at Pepperdine University and her Master's in Educational Leadership; she has a Counseling Credential and a Doctorate in Educational Leadership from Azusa Pacific University.



Emmanuel Rivera taught SGV members a session on Mindfulness and Meditation. He is an experienced teacher that has studied and practiced for 14 years with highly accomplished teachers at Morningland Community. He has a certificate in Yoga, Mindfulness, and Social Change from Loyola Marymount University and has worked with thousands of people in public, private, and professional settings.



Dr. Niedha Welch spoke to SGV members on Mental Health. She is a Licensed Marriage and Family Therapist with a PsyD in Marriage and Family Therapy and has worked in the mental health field for about 16 years. Throughout her career, she has enjoyed working with an extensive population that has ranged from the adult drug and alcohol population, victims of abuse, incarcerated adults, special needs children and students, as well as children in group homes and residential treatment facilities that struggle with various diagnoses. Her passion is to educate others on the importance of mental wellness.



Dr. Joana Tala, MD is an American College of Lifestyle Medicine certified Lifestyle Medicine Professional. She studied medicine at St. George's School of Medicine in Grenada and is ECFMG certified. Dr. Tala is a certified Health and Wellness Coach as well as a National Diabetes Prevention Program (NDPP) Coach. She now assists people to gain healthier lifestyles by consulting and coaching on stress reduction, good nutrition, good social networking, physical activities, alcohol reduction and tobacco cessation, keeping a healthy sleep pattern and most importantly coaches to PREVENT Type 2 Diabetes.

SGV-NCNW Inaugural Gala

ncnw
san gabriel valley section
presents

SGV - NCNW 2024
Inaugural GALA

Stepping in the name of Growth, Community, and Unity

April 6, 2024
Pacific Palms Resort
One Industry Hills Parkway, City of Industry, CA 91744
\$175 per person

It's a Black-Tie Affair

FOR MORE INFORMATION CONTACT US:
SGV-NCNW P.O. Box 413 Walnut, CA 91788 Phone (909) 598-5539
Email: sgvncnw@gmail.com www.sgvncnw.com

For an elegant evening of dining, an exciting program, awards ceremony, special guests, and dancing, we would love for you and your guests to join us at our **Inaugural Gala**, April 6, 2024 at 7:00 pm. Our theme is "Stepping in the name of Growth, Community, and Unity".

This elegant evening will honor special partners and dignitaries for their significant contributions to education and community service. SGV-NCNW strives to advance its four pillars: (1) Education, (2) Entrepreneurship, (3) Financial Literacy, and (4) Health and Wellness. Clearly, the SGV-NCNW Inaugural Gala positions the organization to advance scholarship, community service, and the many programs for our youth.

Our keynote speaker, New York Times best-selling author - **Victoria Christopher Murray** - is the winner of countless awards, including the prestigious NAACP Image Award.

You can purchase tickets or table(s), sponsorships, and ads on our website www.sgvncnw.com. Hotel accommodations will be available. Please feel free to contact us should you have any questions at 909-598-5539 or sgvncnw@gmail.com.

Betty Smith, SGV-NCNW Gala Chair
Marie P. Thermidor, SGV-NCNW President



Congratulations

HAPPY 61st ANNIVERSARY

Happy anniversary to Sandra and Thomas Lee. Here's to many more years of happiness together!

09 / 09 / 2023

Congratulations to Sandra and Dr. Thomas Lee. Both are dedicated NCNW Life Members of SGV. On September 9, 2023, they celebrated 61 years of marriage. Sandra is SGV-NCNW's Community Service Chair. Dr. Lee works tirelessly alongside his wife.

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san gabriel valley section

Get Connected

ARE YOU INTERESTED IN NETWORKING?
ARE YOU INTERESTED IN BUILDING SISTERHOOD?
ARE YOU INTERESTED IN HELPING OTHERS IN NEED?
ARE YOU AGES 18-39?

THEN YOU HAVE COME TO THE RIGHT PLACE!

**JOIN SGV-NCNW'S
YOUNG WOMEN'S AUXILIARY**

Contact Walena Logan
P.O. Box 413 Walnut, CA 91788 Ph: (909) 598-5539
Email: sgvncnw@gmail.com www.sgvncnw.com



YOUNG LEGENDS
Academic & Leadership Development Programs
Math Tutoring
STEAM
College & Career Readiness
Networking
Financial Literacy Workshop
Technology Workshop
Community Service
and more ...
Contact sgvncnw@gmail.com

100
8TH ANNUAL GOLF TOURNAMENT
BLACK MEN OF THE INLAND EMPIRE



SCAN ME

Save The Date
APRIL 22, 2024

EARLY BIRD RATE \$165.00
 BEFORE APRIL 08, 2024

PRICE INCLUDES:

- Light Continental Breakfast • Grab Bag
- Green & Cart Fees • Awards Luncheon
- Trophies & Raffle Prizes

EVENT/CONTEST:

- Best Ball Format • Shotgun Start for Team Tournament • Men's Longest Drive Contest
- Women's Longest Drive Contest • Closest to the Pin x2

ADDITIONAL 100BMIE CONTEST:

- D9 TNT (Tournament inside the Tournament) - Divine 9 Team Golf Contest

Benefiting the Kids We Serve



- Sponsorships • Hole Sponsor
- \$65 for Lunch Only Guests
- \$185.00 Per Golfer after APRIL 8, 2024
- Visit website for details www.100Bmie.org

Please contact Craig Hudson at 951-581-6008 or email golf.100bmie@gmail.com,
 100 BMIE is an IRS approved 501© (3) non-profit organization.

The Exclusive
VICTORIA CLUB of RIVERSIDE
 2521 Arroyo Drive,
 Riverside, CA 92506

we're selling stuff!

YARD SALE

12.10.23 | Sunday | 12 pm
10251 Trademark, Suite A
Rancho Cucamonga
Cash & Zelle Accepted



Knock Knock Angels

You're are not truly living until you experience the gift in giving

FUNDRAISING EVENTS

"Fueling Progress One Gift At A Time"

San Gabriel Valley Section
ncnw
commitment | unity | self-reliance

COMING Nov 30 – Dec 4, 2023

ncnw
San Gabriel Valley Section
Double Good
Virtual Fundraising

Start Date – Nov 30, 2023 at 12:00 AM End Date – Dec 4, 2023 at 12:00 PM

When you buy Double Good's award-winning, ultra-premium popcorn, 50% of your purchase goes to supporting SGV-NCNW's cause and you receive a delicious reward!

HOW IT WORKS

- ✓ Purchase Double Good popcorn from your SGV-NCNW member's pop up store.
- ✓ Ask your friends and family across the country to support SGV's fundraiser by purchasing delicious Double Good popcorn.
- ✓ In a few days, your Double Good popcorn is delivered right to your door!

SERIOUSLY EASY

Give Good, Get Good. That's Double Good.

San Gabriel Valley Section - NCNW PO Box 413 Walnut, CA 91788 Phone (909)598-5539
Email: sgvncnw@gmail.com website: www.sgvincnw.com IG/Facebook/ @SGVNCNW

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San Gabriel Valley Section

5TH ANNUAL RAFFLE FUNDRAISER

\$CASH PRIZES
*1st Prize: \$500.00
*2nd Prize: \$300.00
*3rd Prize: \$200.00

Your past support helped us to provide the following:

- Back to School backpacks and supplies for students
- Math tutoring for students (grades 1 - 12)
- Hygiene kits and warm blankets for homeless women, men, and children
- Baby/toddler clothing for infants
- Resources for families relocated to domestic violence shelters
- Disaster relief (water) to flood victims in MS
- Mental health and wellness resources and seminars for women
- Assistance to grief-stricken families
- Food baskets for needy families during the holidays

DRAWING
SATURDAY 06 JAN, 2024
AT SGV-NCNW MEETING
TICKETS: \$10.00 EACH
** NEED NOT BE PRESENT TO WIN

SGV-NCNW P.O. Box 413 Walnut, CA 91788
(909)598-5539 www.sgvincnw.com sgvincnw@gmail.com

SGV-NCNW invites you to participate in the holiday giving campaign #Giving Tuesday.

This is a "global generosity movement unleashing the power of people and organizations to transform their communities and the world."

SGV-NCNW is a volunteer service organization. Our **MISSION** is to educate, empower, and advocate for women of African descent, their families, and the communities we serve. By donating to SGV-NCNW you support our many community programs focused on delivering services in education, community outreach, as well as health and wellness.

GIVING TUESDAY **#Giving Tuesday**
NOVEMBER 28, 2023

To donate please see the Giving Tuesday button on our website www.sgvincnw.com or use one of the methods below. No matter how small your help, it means a lot to others.

Zelle to sgvincnw@gmail.com or
Personal check to SGV-NCNW PO Box 413 Walnut, CA 91788
Phone 909-598-5539

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San Gabriel Valley Section

Thank you for your support